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Pam has first-hand business leadership experience leading to a deep understanding of the pressures of profitability, growth and managing quality. She reads people with an amazing accuracy. She brings a finely honed ability to help leaders recognize how their behavior impacts others, and how to inspire colleagues to meet organizational goals. She focuses on the successful integration of developing self-awareness and mindful leadership practices.

Pam has worked to help others achieve sustainable change through exploring, examining and testing assumptions and beliefs that drive behavior. Her clients may be in transition because they've shifted jobs or shifted roles within the organization. They may be in transition because their company or team is on a growth trajectory or needs to be, and they've discovered that growth requires new competencies and skills. Or they may recognize that in order to be promoted, they need to develop their leadership style, improve their corporate relationships or their ability to manage up, down or across.

Pam has coached across a broad spectrum of industries, including healthcare, aerospace and defense, financial services, and colleges and universities. She holds a B.S. in Physical Therapy, an M.A. in Organizational Development and a Ph.D. in Organizational Psychology. She is also a Professional Certified Coach (PCC) with the International Coach Federation.



